

Donating Blood Saves Lives

On the 30th May you can donate blood at the Community Centre. This blood can be used for patients having life saving and life enhancing operations and treatments.

You need to register online and book an appointment beforehand in order to give blood. At the appointment a blood donation is taken from your arm and collected in a donation bag.

The appointment takes around an hour, including the 10 to 15 minutes to donate, plus time to have a drink and a snack. You can book to donate again if you want to, leaving at least 12 weeks between appointments for men and 16 weeks for women.

To book an appointment go to the website my.blood.co.uk and search for a convenient venue near you.

World Textile Day 2024

Frodsham Community Centre
11th May 10-4pm



FREE ENTRY to the exhibition and sale of fair trade textiles.

On the day you can purchase tickets to the main talk at 11am on 'Japanese Country Textiles: Traditions Moving Forward' by Susan Briscoe. There are also 2 short talks at 2pm, one by Magie Relph 'A funny thing happened on the way to the Market : Africa, Fabrics and life on the road' and Diane Gaffney 'From the Artisans of Java to the Quilters of Cheshire: the story of Bali batiks'.

Refreshments will also be available.



frodsham community association

After almost 4 months of deliberations and negotiations we are at last ready to allow participants to register for this years run on Sunday the 7th July, the day of the Festival in the Park organised by our local Rotary Club.

In this we are indebted to our major sponsors Woodhouse Ltd for the T-Shirts and Castle Park Live for the costs of the necessary road closure.

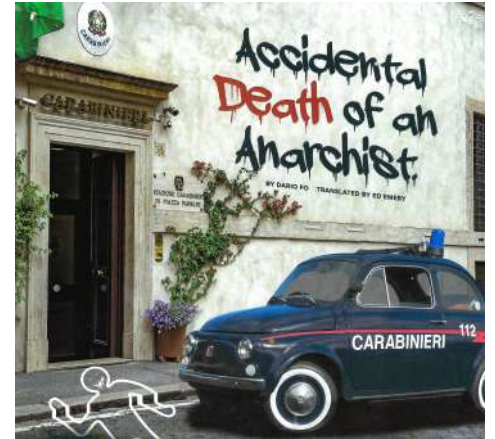
Look out for the Run Entry Forms at the Centre and on our website.

200 Club Winners - March24 quarterly draw-revised

No 70	Greg Jones	£300
No 42	Mrs B Price	£50
No 68	Dave Rush	£25
No 66	Len Paddock	£15
No 117	Keith Bott	£15

200 Club Winners - April24

No 8	Nora Parsley	£50
No 23	Bill Griffiths	£25
No 82	Rosemary Heeley	£15
No 131	Ted Hayes	£15



Frodsham Players made a welcome return to the stage for their production of Dario Fo's 'Accidental Death of an Anarchist'. This was directed by Jane Barrie, a newcomer to the group, who had a clear, strong vision for the production. The general direction from Jane was good, with the cast showing confidence in it. From the stylised movements of the opening to the complete madness at the end, there was much to like throughout.

There were some moments that could have been explored further, such as the incoherent whispering, which was very funny. This would have worked very well with the phone call conversations, further adding to the absurd nature of the piece and pushing the comedy. The cast completely threw themselves into everything, showing no inhibitions. All the cast showed great stage awareness, which was crucial to a play such as this.

Delivering a lengthy and wordy script is always going to be challenging, but the cast did well performing it and keeping the pace up, which is crucial in a comedy such as this.

Overall, this was a good production. The performances were strong, the staging was good, and the director's vision was clearly realised.

<https://www.noda.org.uk/show-reports/accidental-death-of-an-anarchist-1713124267>



Join writer and TV broadcaster/presenter Julia Bradbury as she talks about her life-long passion for walking and writing, as an advocate for nature, charity campaigner, and cancer survivor. She is best known for turning walking into prime-time TV, with shows including Britain's Best Walks, Cornwall and Devon Walks with Julia Bradbury and Wainwright's Walks in the Lake District. After talking to us, Julia will be available to sign copies of her most recent book, Walk Yourself Happy that you can purchase in the Lounge, kindly supplied by The Old Curiosity Bookshop.

Refreshments from
Frodsham Bee Friends

Tickets online from
www.frodshamfestivalofwalks.uk