



The Queen's Award  
for Voluntary Service

# Centre Points

FRODSHAM COMMUNITY ASSOCIATION NEWSLETTER



## Centre News

**Panto week** - as always the new year starts with Frodsham Panto Group's show week from the 4<sup>th</sup> to the 10<sup>th</sup> January and what a week it was! Thank-you to everyone that came to see the show, bought raffle tickets, programmes and refreshments with all profits going back into the Group to ensure that it continues for another 50 years!

**Centretainments** - the next event to raise funds for the Community Centre is the Spring Quiz which will be on Tuesday 7<sup>th</sup> April. To avoid disappointment Please register your team early by emailing [events@frocomm.org.uk](mailto:events@frocomm.org.uk). A few extra helpers are needed for this quiz owing to holidays. If you or anybody you know would like to assist in tasks such as setting up tables, helping in the kitchen and clearing up afterwards please let Sarah in the office know.

## Frodsham Stitching & Patchwork Group

Frodsham Patchwork Group which meet alternate Wednesday afternoons 1.30-3.30pm has changed its name to 'Frodsham Stitching and Patchwork Group'.

This is to reflect the fact that as time has passed members are doing more Embroidery than Patchwork and Quilting.

Everyone is welcome, beginners and more experienced stitchers. Come and see what we make and have a chat! Tea/Coffee and biscuits (and sometimes cake too) are served.

Contact 07989 762679 for more information.



## FCA NEEDS YOU

FCA members who have attended recent AGMs will be aware we are looking to re-constitute FCA as a Charitable Incorporated Organisation (CIO). This change will need to be ratified by the members of the Community Association. We are holding a Special General Meeting on Wednesday 25<sup>th</sup> February after the Council Meeting that evening.

To be quorate that meeting needs to be attended by at least 25 ordinary FCA members. If you are able to support us and attend this would be very much appreciated.

## 200 Club Winners - Jan 26

No 45 Betty Williams	£50
No 83 Mike Pusey	£25
No 9 Stuart Brewster	£15
No 14 Barbara Healey	£15

## Winter Quiz - Irene Paddock

Another successful enjoyable Quiz evening on the 9<sup>th</sup> December was had by all. The Water Rats Team won (with only 4 team members) and the 'After Eights' team came second by a few points. A record amount of £1575 was raised for the Community Centre. Big thanks go to all who supported the event. Thanks also to the Volunteers who set up the hall, sold drinks at the bar, the kitchen team for the superb buffet, volunteers who supplied raffle prizes, shopped and collected money at the interval.

Our next quiz is Tuesday 7<sup>th</sup> April and we already have 15 teams booked in!

### The 'Water Rats' team



### The 'After Eights' team



## A Successful Year for the Meet & Eat Group - Iris Keating

Meet and Eat is celebrating its first anniversary with its move to the involvement of Guest Chefs! Meet and Eat aims to connect men, to learn cooking skills and share a meal. We know that there are numbers of men in our community who are alone, who are bereaved, who are carers, who welcome this opportunity to improve their cooking skills, to improve their diets and socialise with other men. So once a month on a Monday morning at the Community Centre, the delicious smell of cooking permeates the building. The men meet at 10am for a coffee and a chat and meet that session's Guest Chef. Over the past year there has been a range of guests, professional, amateur, our local social prescriber, one demonstrating the use of slow cookers another the use of air fryers. In the next year we will welcome our local PCSO as a Guest Chef. The cooking is not demonstrated, the Guest Chef leads but the men do the work! They do the preparation, the cooking, the washing up and the tidying away. But most of all, they share the meal that they have created. As the photo shows, the men are thoroughly engaged with what they are doing, friendships are developing and simply, everyone has a good time (and a good meal!). If you would like to join us the next meeting is Monday 2<sup>nd</sup> February at 10am.





# FEBRUARY

## Frodsham Community Centre

Fluin Lane, Frodsham WA6 7QN

01928 732222

centre.frocomm.org.uk

Mon 2 Feb 26	Frod Photographic	<b>Frodsham Photographic Society</b>	07902 618401 secretary@frodsham.photos
Tue 3 Feb 26	Supper Club	<b>Supper Club Event</b> Curious Cat Bookshop	07511 283088 hello@thecuriouscatbookshop.co.uk
Thu 5 Feb 26	Frodsham WI	<b>Fuzzy Cow Boutique</b>	01928 732761 vivienshaw@btinternet.com
Sat 7 Feb 26	Beechnut Art	<b>Watercolour workshop</b> Beechnut Art	07948 159493 beechnut45@googlemail.com
Wed 11 Feb 26	Evening Flower Club	<b>AGM and demonstration</b>	07761 022871 griffithseleanor96@gmail.com
Thu 12 Feb 26	Film Society	<b>The Sting</b> Paul Newman	01928 734621 faulkner351@btinternet.com
Mon 16 Feb 26	Frod Photographic	<b>Frodsham Photographic Society</b>	07902 618401 secretary@frodsham.photos
Tue 17 Feb 26	TG Meeting	<b>Chester Uncovered</b>	07730 403077 rjtone@aol.com
Wed 18 Feb 26	Blood Donation	<b>Blood Donation session</b>	claire.graves@nhsbt.nhs.uk
Thu 19 Feb 26	U3A	<b>The Victorian Kitchen</b> David Eveleigh	07805 925209 jayneappleton@aol.com
Fri 20 Feb 26	Music & Arts	<b>Song For a Winter Evening</b> Emily Stewart	07468 566168 Facebook Frodsham Music and Arts
Mon 23 Feb 26	Gardening Club	<b>Sweet Peas</b> Sarah Haisley	01928 565600 woodpecker48@hotmail.com
Sat 28 Feb 26	Go Tournament	<b>Go Tournament</b> Chess Club	07816 200512 p.a.ridley@gmail.com